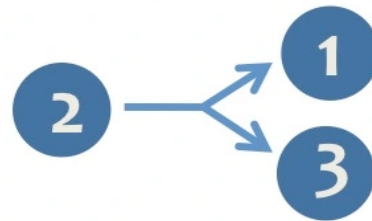


## Session I: Knowing the Faith

### Understanding Conversion

#### three spiritual journeys

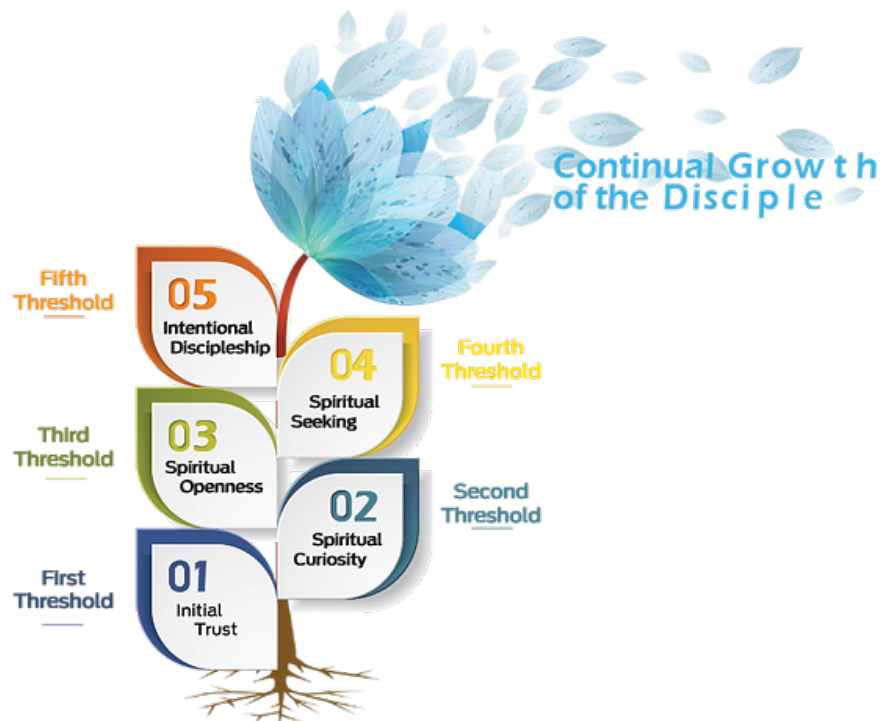
1. The **personal interior journey** of a lived relationship with Christ **resulting** in intentional discipleship.
2. The ecclesial journey **into the Church** through reception of the **sacraments of initiation**.
3. The journey of **active practice** – receiving the sacraments, attending Mass, and participating in the life and mission of the Christian community.



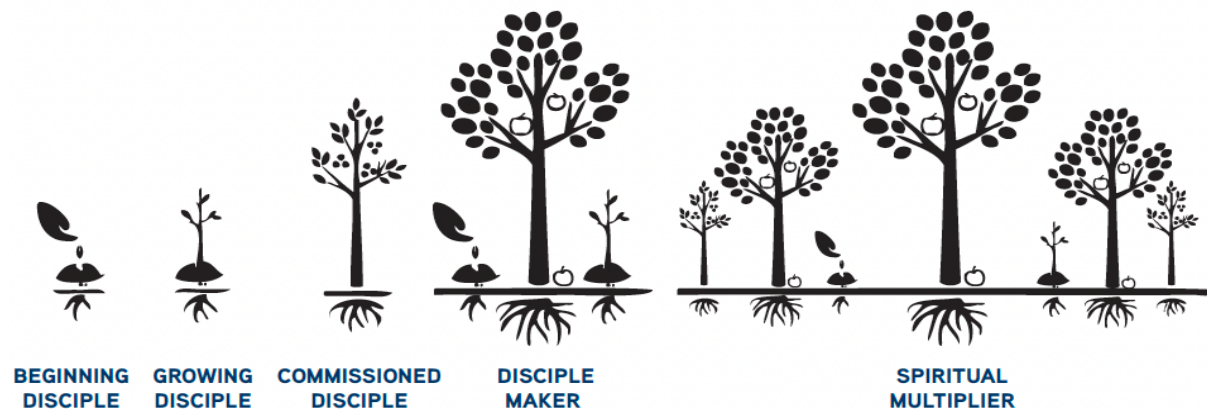
+ many more variations...

Weddell, *Forming Intentional Disciples*, 54

### The “Thresholds” of Conversion



## A Road Map for the Path of Discipleship



Mark 4:1-8, CCC 546

Ultimately, the invitation from Jesus is one to be known.

For you to KNOW Him, and for Him to KNOW You.

Prayer is where this “knowing” takes place. And his invitation demands a response from us.

That response **MUST** be:

- 1) Deliberate and Intentional
- 2) “Marital”
  - Free
  - Total
  - Faithful
  - Fruitful

### Key Questions to Ponder:

Where do you see Yourself on these spiritual journeys?

How am I being deliberate & intentional in my own growth?

Where can I grow in greater “marriage depth” in my relationship with the Lord? Free, total, faithful, fruitful?